#### Bucks County Drug & Alcohol Commission, Inc.

55 East Court Street, 4<sup>th</sup> Floor Doylestown, PA 18901 (215) 444-2700 (215) 348-7826 (Fax) Diane W. Rosati, MA Executive Director dwrosati@buckscounty.org www.bcdac.org

#### Resources for Residents – Where to Turn for Help

During these unprecedented times, Bucks County Drug & Alcohol Commission, Inc. continues to be available to help with any questions, concerns and needed resources. Please contact our Approval of Care Department at **215-444-2730** (Monday – Friday from 8:30 am to 4:30 pm).

An additional resource is Bucks Human Services Connect – The Hub. The Hub provides access to all human services resources, in-person and virtually, for Bucks County residents, their families and those who support them. The Hub is located on the first floor of the Administration Building in Doylestown, Monday through Friday from 10:00 am to 4:00 pm. Call **215-348-6201** or email <a href="mailto:thehub@buckscounty.org">Thehub@buckscounty.org</a>.

There have been some changes as to how drug and alcohol treatment and services are accessed. The information below will help guide you in connecting with drug and/or alcohol treatment, as well as give some additional resources. Adult and adolescent services are available throughout Bucks County.

The first step in accessing treatment is to have a drug and alcohol assessment to determine the type of treatment and recovery plan needed. Many of the assessments will occur via Telehealth. For more information, please call our Approval of Care Department at 215-444-2730 or visit <a href="www.bcdac.org">www.bcdac.org</a>. If treatment is needed after-hours, you or your family member can go to or call Gaudenzia Lower Bucks, which is available 24/7.

#### Gaudenzia, Inc. - Lower Bucks

267-405-6503 | www.gaudenzia.org | 24/7 | In Person or Telehealth

- To access treatment for those who have private health insurance, call the number on the back of the insurance card listed under Mental Health/Substance Abuse to find an in-network provider.
- To access treatment if you are a Veteran, or have Medical Assistance or do not have insurance, please call one of the agencies below. Individuals who are considered a priority population, such as pregnant women who use substances, persons who inject drugs, overdose survivors, Veterans and adolescents, are exempt from any treatment limitations. Preferential treatment is given to pregnant females.

#### **Assessment Sites**

<u>Lower Bucks</u>	<u>Lower Bucks</u>
Gaudenzia Lower Bucks	Silver Linings Recovery Center
www.gaudenzia.org	www.silverliningsrecoverycenter.com
267-405-6530	855-960-3769
Hours: 24/7	Hours: M-F 8 am-8 pm; Sat-Sun 9 am-3 pm
In Person or Telehealth	In Person or Telehealth
Central Bucks	<u>Upper Bucks</u>
SOAR Corporation	St. Luke's Penn Foundation
	oti zake o i emi i odiladion
www.soarcorp.org	www.pennfoundation.org
<u>www.soarcorp.org</u> 215-444-0808	
	www.pennfoundation.org

#### DUI

For court-ordered Driving Under the Influence (DUI) classes, assessment and treatment services

Bucks County
Family Service Association
of Bucks County
215-494-9090
www.fsabc.org

Upper & Central Bucks
The Council of Southeast
Pennsylvania, Inc.
215-345-6644
www.councilsepa.org

Lower Bucks
Livengrin Foundation, Inc.
215-946-4029
www.livengrin.org

#### **Family Supports**

Free Family Education and Support Groups are available to help family members of individuals with substance use disorder. Call our office at 215-444-2700 or contact BCARES Family Connect for details.

BCARES Family Connect is made up of a group of family members who all have a loved one with a substance use disorder. The goal of Family Connect is to support families and loved ones of persons suffering with substance use disorders by sharing their lived experiences and connecting them to resources to help in their journey. Family Connect volunteers are available 24/7 by telephone, text or email. They can be reached via email at <a href="mailto:BCARESFamilyConnect@gmail.com">BCARESFamilyConnect@gmail.com</a>.

#### **Centers of Excellence**

A **Center of Excellence (COE)** is an agency identified to help ensure that underinsured and uninsured individuals with substance use disorder stay in treatment to receive follow-up care and are supported within their communities. There are two Centers of Excellence in Bucks County: St. Luke's Penn Foundation, Inc. (267-404-5990) and Family Service Association of Bucks County (215-757-6916).

#### **Recovery Community Centers and Intensive Case Management Services**

For more information about The Council of Southeast Pennsylvania, Inc. (CSEPA)'s Recovery Community Centers, Intensive Case Management and Recovery Coaches or family support services, call 215-788-3738, Monday – Friday from 9:00 am to 5:00 pm or visit www.councilsepa.org/programs/pro-act.

For recovery and support questions, call CSEPA's Information Line at 1-800-221-6333, Monday – Friday from 9:00 am to 9:00 pm. If you are interested in CRS services or Recovery Support Zoom Groups, visit the Recovery Support Chat at https://zoom.us/j/703846091.

#### **Recovery Houses**

Recovery Houses are located throughout Bucks County and provide a safe living environment for individuals seeking recovery and support. For more information, visit <a href="https://www.bucksrecoveryhouses.com">www.bucksrecoveryhouses.com</a>.

**Bucks County Recovery Residence Oversight Committee (BC-ROC)** has established the Recovery House Scholarship Program to assist with funding up to 60 days of housing for individuals in need who are enrolled or eligible for Magellan/Health Choices of Bucks County. Visit <a href="https://www.bcdac.org">www.bcdac.org</a> or call 215-444-2711 for more information.

For more information about the full array of drug and alcohol services available in Bucks County, visit www.bcdac.org.

If you have a complaint about assessment or treatment services you've received, call BCDAC, Inc. at 215-444-2714 or email <a href="mailto:dnacomplaints@buckscounty.org">dnacomplaints@buckscounty.org</a>.

#### Seeking Help? This is Your First Step!



A comprehensive assessment is the first step in getting drug and alcohol treatment.

Appointments are not needed, but it is recommended that you call prior to arriving. Please scan the QR code below to find a list of current assessment site locations and hours.



#### **BCARES & BCARES Family Connect**



BCARES is Bucks County's warmhandoff program that takes place in the six Bucks County hospitals and serves anyone with any substance use disorder,

prioritizing those who have experienced an overdose. The goal is to provide a seamless connection from the hospital to drug and alcohol treatment.

A Certified Recovery Specialist (CRS) who is in long-term recovery will listen, provide support and resources, and offer treatment directly from the hospital.



BCARES Family Connect is made up of a group of family members who all have a loved one with a substance use disorder. Their goal is to support families by listening,

sharing their lived experiences and connecting them to resources. Family Connect volunteers are available 24/7 by telephone, text or email.



BCARESFamilyConnect@gmail.com

#### Bucks County Police Assisting In Recovery (BPAIR)

BPAIR is a program that aims to help Bucks County residents with substance use disorders and their families. Participating Police Departments assist those



who are struggling by connecting them with treatment, resources, support and services. Visit www.bcdac.org for a list of participating departments, their phone numbers and locations. If you need assistance after-hours, please call Gaudenzia Lower Bucks at 267-405-6530.

#### **Bucks Human Services Connect - The Hub**

The Hub provides access to all human services resources, in-person and virtually, for Bucks County residents, their families and those who support them. The Hub is located on the first floor of the Administration Building in Doylestown, Monday through Friday from 10:00 am to 4:00 pm. Call 215-348-6201 or email TheHub@buckscounty.org.

# Overdose Prevention Pocket Guide: What You Need to Know



Bucks County Drug & Alcohol Commission, Inc. 215-444-2700 | www.bcdac.org

> PA Get Help Now 1-800-662-HELP (4357)

#### Signs And Symptoms Of An Opioid Overdose

It's important to recognize the signs and act fast to save the life of a friend or loved one.











- Not responsive to noise or touch
- Breathing is slow, shallow or has stopped
- Choking, gurgling or snoring sounds
- Lips or nails may be blue, skin is cold or clammy
- Small, constricted "pinpoint pupils"

#### What To Do If You Think Someone Is Overdosing

It may be hard to tell if a person is experiencing an overdose. If you aren't sure, it's best to treat it as one. You could save a life.

- Call 911 immediately
- Administer Naloxone as directed, if available
- Try to keep the person awake and breathing
- Lay person on their side to prevent choking
- · Stay until emergency workers arrive

#### **Myths & Facts About Narcan**

- M: Having Narcan available encourages people to take more drugs.
- F: When someone has Narcan, their level of drug use does not change.
- M: People won't seek treatment if they have their own Narcan.
- F: Narcan increases the chance of someone seeking treatment by keeping them alive.
- M: People don't recover from substance use disorders.
- F: Substance use disorder is a chronic medical condition that DOES respond to treatment. Keeping people alive with Narcan opens the door for the opportunity to begin recovery.

#### **How To Get Narcan**

- Call BCDAC, Inc. at 215-444-2700 or visit bcdac.org.
- Call your local pharmacy.
   Pennsylvania has a standing order for Narcan, so no prescription is needed.



#### Be Prepared – Have A Household Plan

- Discuss the risk of overdose with family
- Verbally call for help in the house use a code word like "emergency" or "help"
- Keep Narcan in a central location with gloves and a face shield or mask
- Designate a lead to give instruction everyone has a role. Role #1: call 911
- Do a practice run-through of your plan
- Practice what to do if you're alone use hands-free mode, call 911, then give Narcan
- Make sure to have a device ready to open a locked door (hide above door frame)



Bucks County has safe medication disposal boxes for unused, unneeded or expired medications at multiple sites. Visit bcdac.org for site locations and what's accepted.

#### Safe Medication Storage

Safe storage of medications in your home is important. Any medications left out or unsecured can easily end up in the wrong hands. Keep your loved ones safe.

#### Remember to:

- 1. Pick a place where children or grandchildren cannot reach or access.
- 2. Put medicines up and away after each use
- 3. Make sure the safety cap is locked.
- 4. Teach children or grandchildren about medicine safety.
- Tell guests about medicine safety, such as placing purses or bags out of reach
- Be prepared in case of emergency.
   Save the Poison Help Number (800-222-1222) in all of your phones.



#### **Assess Your Alcohol Use Audit-C Alcohol Use Screening Tool**

- How often do you have a drink containing alcohol?
  - a. Never = 0 points
  - b. Monthly or less = 1 point
  - c. 2-4 times a month = 2 points
  - d. 2-3 times a week = 3 points
  - e. 4 or more times a week = 4 points
- How many standard drinks containing alcohol do you have on a typical day?
  - a. 1 or 2 = 0 points
  - b. 3 or 4 = 1 point
  - c. 5 or 6 = 2 points
  - d. 7 to 9 = 3 points
  - e. 10 or more = 4 points
- How often do you have 6 or more drinks on one occasion?
  - a. Never = 0 points
  - b. Less than monthly = 1 point
  - c. Monthly = 2 points
  - d. Weekly = 3 points
  - e. Daily or almost daily = 4 points

#### Assess Your Alcohol Use (continued) **Audit-C Alcohol Use Screening Tool**

#### **Hazardous Drinking Score**

- Men: 4 points or higher is considered hazardous drinking
- Women: 3 points or more is considered hazardous drinking

When the points are all from guestion #1 alone (#2 and #3 are zero), it can be assumed that the individual is drinking at low risk. It is suggested that the individual reassesses use on an ongoing basis.

#### **Alcohol and Pregnancy**

Drinking alcohol while pregnant may put your baby at risk for Fetal Alcohol Spectrum Disorders (FASD). Effects of FASD can include:

- Physical impairments
- Learning disabilities
- Behavioral symptoms

FASD is 100% preventable. If you're pregnant or could be pregnant, don't drink.



#### Tips to Cut Down on Drinking

Monitoring your alcohol use can help you prevent risky drinking.

✓ Set a daily and weekly



- drinking limit. Write down your limit and keep it with you.
- Pace your drinking. Have no more than one standard drink per hour.
- Record how much you drink each day.
- Avoid situations and triggers that cause vou to drink.
- Ask a friend who does not drink to help you stay within your limit.
- ✓ Speak with your doctor and/or seek treatment for your alcohol use.

#### Supports

Alcoholics Anonymous (AA): aa.org Al-Anon (for families & friends): al-anon.org SMART Recovery: smartrecovery.org

September 2021

#### Tips, Resources and Where to Turn for Help with Alcohol



**Bucks County Drug & Alcohol** Commission, Inc. 215-444-2700 | www.bcdac.org

> PA Get Help Now 1-800-662-HELP (4357)

#### What is a Standard Drink?

12 fl oz of beer

8-9 fl oz of malt liquor (12 oz glass)

1.5 fl oz shot gin, rum, whiskey











What is Excessive Drinking?





#### **Indicators of Risky or Excessive Drinking**

- Drink more, or longer, than you intend.
- Try to cut down or stop drinking, but are not able to.
- Have to drink more than you once did to get the effect you want.
- Continue to drink even though it makes you feel depressed or anxious or adds to another health problem. Loved ones and/or trusted friends have made comments about your drinking pattern.
- Spend a lot of time drinking or thinking about alcohol.
- Find that drinking often interferes with daily activities, family, friends and/or work.
- Have been arrested or had other legal problems due to drinking.
- Experience symptoms of withdrawal when you don't drink (withdrawal symptoms include: shakiness, sweating, tremors, headaches, anxiety, irritability, and/or insomnia).

#### Seeking Help? This is Your First Step!



A comprehensive assessment is the first step in getting drug and alcohol treatment.

Appointments are not needed, but it is recommended that you call prior to arriving. Please scan the QR code below to find a list of current assessment site locations and hours.



#### Driving Under the Influence (DUI)

Alcohol and other drugs reduce the important skills you need to drive safely: Judgment | Vision Color Distinction | Reaction Time

If your blood alcohol content (BAC) is .08 g/dl or higher, you are in violation of the law if you drive.



For court-ordered DUI classes. assessment and treatment services:

#### **UPPER & CENTRAL BUCKS**

Family Service Association of Bucks County 215-494-9090 www.fsabc.org

The Council of Southeast Pennsylvania, Inc. 215-345-6644 www.councilsepa.org

#### **LOWER BUCKS**

Livengrin Foundation, Inc. 215-946-4029 www.livengrin.org



#### Women

- Binge drinking is having 4 **or more** drinks in one occasion.
- Heavy drinking is having 8 or more drinks per week.



#### Men

- Binge drinking is having 5 or more drinks in one occasion.
- Heavy drinking is having 15 or more drinks per week.

#### Signs And Symptoms Of An Opioid Overdose

It's important to recognize the signs and act fast to save the life of a friend or loved one.











- Not responsive to noise or touch
- Breathing is slow, shallow or has stopped
- · Choking, gurgling or snoring sounds
- Lips or nails may be blue, skin is cold or
- Small, constricted "pinpoint pupils"

#### What To Do If You Think Someone Is Overdosing

It may be hard to tell if a person is experiencing an overdose. If you aren't sure, it's best to treat it as one. You could save a life.

- · Call 911 immediately
- Administer Naloxone as directed, if available
- Try to keep the person awake and breathing
- Lay person on their side to prevent choking
- Stay until emergency workers arrive

BCARES is Bucks County's warm-handoff program that takes place in the six Bucks County hospitals. BCARES serves anyone with any substance use disorder and prioritizes those who have experienced an overdose. Our goal is to provide a seamless connection from the hospital to drug and alcohol treatment.

A Certified Recovery Specialist (CRS) who is in long-term recovery will listen, provide support and resources, and offer treatment directly from the hospital.

If you or your family member are not ready for treatment, that's okay. Alternative pathways to recovery can be explored, as well as recovery supports. If you need assistance, please contact your BCARES Provider.



#### Be Prepared - Have a Household Plan

- Discuss the risk of overdose with family
- Verbally call for help in the house use a code word like "emergency" or "help"
- Keep Narcan in a central location with gloves and a face shield or mask
- Designate a lead to give instruction everyone has a role. Role #1: call 911
- Do a practice run-through of your plan
- Practice what to do if you're alone use hands-free mode, call 911, then give Narcan
- Make sure to have a device ready to open a locked door (hide above door frame)



Bucks County has safe medication disposal boxes for unused, unneeded or expired medications at multiple sites. Visit www.bcdac.org for details.

#### **BCARES Family Connect**

BCARES Family Connect is made up of a group of family members who all have a loved one with a substance use disorder. Their goal is to support families who are having difficulty coping with their loved ones' substance use disorder by listening, sharing their lived experiences and connecting them to resources. Family Connect volunteers are available 24/7 by telephone, text or email.



■ BCARESFamilyConnect@gmail.com

For family support groups and resources, please contact BCARES Family Connect or visit www.bcdac.org and search BCARES.



September 2021

#### **Bucks County Connect. Assess.** Refer. Engage. Support. (BCARES)





**Bucks County Drug & Alcohol** Commission, Inc. 215-444-2700 | www.bcdac.org

This project is made possible by funding through the Department of Drug and Alcohol Programs (DDAP).

#### **BCARES Providers**



Gaudenzia Lower Bucks 501 Bath Rd., Bristol, PA 19007 267-405-6530 Partnering with Lower Bucks Hospital



St. Luke's Penn Foundation 807 Lawn Ave., Sellersville, PA 18960 267-905-2145

Partnering with Doylestown Hospital, Grand View Hospital & St. Luke's Upper Bucks Campus



The Council of Southeast Pennsylvania, Inc. 4459 W. Swamp Rd., Doylestown, PA 18901 1-800-221-6333 Partnering with Jefferson Bucks

& St. Mary Medical Center

#### Seeking Help? This is Your First Step!



A comprehensive assessment is the first step in getting drug and alcohol treatment.

Appointments are not needed, but it is recommended that you call prior to arriving. Please scan the OR code below to find a list of current assessment site locations and hours.



#### **Help & Support**

PA Get Help Now - 1-800-662-HELP (4357) This toll-free hotline is available 24/7 throughout the Commonwealth to help those suffering from addiction find treatment options.

For virtual recovery supports and a calendar of monthly events, contact The Council of Southeast Pennsylvania, Inc. Southern Bucks Recovery Community Center at 215-788-3738 or visit www.councilsepa.org.

#### **How To Get Narcan**

Narcan is a life-saving medication that is used to reverse an opioid overdose. For more info:

- Call BCDAC. Inc. at 215-444-2700 or visit bcdac.org.
- Call your local pharmacy Pennsylvania has a standing order for Narcan, so no prescription is needed.





Our goal is to support families and loved ones of persons suffering with substance use disorders by sharing our experiences and connecting loved ones to resources to help them in their journey. All services are confidential. We are here to help.

### BCARESFamilyConnect@gmail.com

#### Substance Use Services

In the case of a medical emergency, call 911 or go to the nearest emergency room.

The first step in accessing treatment is to get a drug and alcohol assessment. This assessment will determine the type of treatment and recovery plan needed.

You can walk in to one of the agencies below for an assessment.

Please call ahead for open access hours.

Upper Bucks St. Luke's Penn Foundation (Sellersville) 215-257-9999

Central Bucks SOAR Corp (Warminster) 215-444-0808

Lower Bucks Gaudenzia Lower Bucks (Bristol) 267-405-6530

#### Struggling with Drugs or Alcohol?

Bucks County Drug & Alcohol Commission, Inc. - 215-444-2700 PA Get Help Now - 1-800-662-4357

For more information, or for the phone number of a BCARES Family Connect volunteer, please contact Sheri Rubin, Bucks County Drug & Alcohol Commission, Inc. Health Care Coordinator, at 215-444-2729 or slrubin@buckscounty.org.

# Struggling with Drugs/Alcohol?



1-800-662-4357

For resources and information, please contact Bucks County Drug & Alcohol Commission, Inc. 215-444-2700 | www.bcdac.org | M-F 8:30 am - 4:30 pm





Take a picture - Save this information!



# DON'T RUN-CALL 911

- >> Pennsylvania has enacted a Good Samaritan Law called Act 139.
- ACT 139 provides certain criminal and civil protections for persons who dial 911 and seek emergency help for persons experiencing an overdose and stay on scene until emergency personnel arrive.
- ACT 139 provides protections for the person experiencing an overdose.



Bucks County Drug & Alcohol Commission, Inc. supports Act 139.

#### **Protections include immunity from:**

- >> Criminal prosecutions for possession of a controlled substance, possession of drug paraphernalia and
- >> Violations of Probation and Parole

For more information, call **Bucks County Drug & Alcohol Commission, Inc.** at

215-444-2700 or **PA Get Help Now** at:



#### Bucks County Drug & Alcohol Commission, Inc.

55 East Court Street, 4<sup>th</sup> Floor Doylestown, PA 18901 (215) 444-2700 (215) 348-7826 (Fax)

Diane W. Rosati, MA Executive Director dwrosati@buckscounty.org www.bcdac.org

#### **ACT 53**

Do you have a child aged 12 to 17 with an alcohol or drug problem? If he or she refuses treatment, there is another option. The legal system can require your child to enter drug and alcohol treatment. To get the process started, call BCDAC, Inc. at 215-444-2730 and mention Act 53.

#### What is Act 53?

Act 53 is a law in the state of Pennsylvania that allows a parent/legal guardian to obtain a drug and alcohol assessment for their child - and, if warranted, compel the child to enter treatment. The criteria is as follows:

- The parent/legal guardian believes their child has a drug or alcohol problem;
- There is evidence that their child has had a drug or alcohol problem within the last 30 days please provide specific date(s);
- The child is unwilling to participate in a treatment program;
- The child must be a resident of Bucks County; and
- The child must be between the ages of 12 and 17

If the criteria are met, BCDAC, Inc. will guide the parent/legal guardian through the Act 53 process.

#### **Procedure**

The Act 53 hearing and assessment process can be completed within a week.

- The first step is for a parent or legal guardian to call BCDAC's Approval of Care Department for guidance and resources. Information on how to access Act 53 will be provided, along with direction on how to complete applications and the court hearings to be conducted.
- If a petition is filed with the court, the court will review the petition to determine if a hearing should be scheduled.
- At the initial hearing, the court will decide whether or not an evaluation will be ordered.
- If an evaluation is ordered, it will take place that same day at the Justice Center by credentialed staff from St. Luke's Penn Foundation Recovery Center.
- After the evaluation is completed, a hearing will be held to determine whether involuntary commitment will be ordered.
- If the child is found in need of treatment, arrangements will be made for the child's treatment to begin as soon as possible.
- Parents/legal guardians are responsible for court-related fees, including an \$94.00 Sherriff fee (which
  must be paid in cash) and \$25.00 filing fee (paid to the Clerk of Courts; credit cards, money orders,
  personal checks and cash are accepted). Funding for legal representation for the child will be covered
  through BCDAC, Inc. Parents/legal guardians are responsible for their own legal representation, if
  necessary.
- Treatment costs are covered through either the parent/guardian's private insurance, Medical
  Assistance or County funding. Guidance on funding process will be provided to the family by the
  Program Specialist.

#### **Questions?**

Contact Bucks County Drug & Alcohol Commission, Inc. at 215-444-2730, M-F 8:30 am - 4:30 pm

Revised 1/2022

Safe storage of medications in your home is important. Any medications left out or unsecured can easily end up in the wrong hands. Keep your loved ones safe.

#### **REMEMBER TO:**

- Pick a place where children or grandchildren cannot reach or access.
- 2. Put medicines up and away after each use.
- 3. Make sure the safety cap is locked.
- 4. Teach children or grandchildren about medicine safety.
- 5. Tell guests about medicine safety, such as placing purses or bags out of reach.
- Be prepared in case of emergency.
   Save the Poison Help Number
   (800-222-1222) in all of your phones.

For more information, please visit www.upandaway.org or www.bcdac.org.

#### Keep your medications



#### BE AWARE. DON'T SHARE.® LOCK YOUR MEDS.®

Whether you choose a locking box or bottle, lockable doorknob for closet doors or a combination of these, putting your medication behind a lock is always the right choice. Visit www.lockyourmeds.org for more information.



#### CARE ENOUGH NOT TO SHARE.

- Do not share medications, as they are specifically prescribed to you. Sharing prescription medications is against the law.
- Prescription medication use can be harmful when not used as prescribed.
- Certain prescription medications can lead to dependency and/or overdose.

The Bucks County Medication Take Back and Disposal Program is supported by:









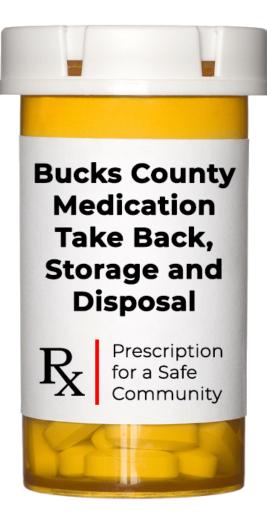


Bucks County Children & Youth Social Services Agency Bucks Promise for Youth & Communities The Council of Southeast Pennsylvania, Inc.

This project is supported by the Bucks County

Commissioners and is made possible by a grant through

Bucks County Drug & Alcohol Commission, Inc.



For more information about the Bucks County Medication Take Back and Disposal Program, please call 215-444-2740 or visit www.bcdac.org.

#### WHY WE ARE COLLECTING:

- Over 50% of people who abuse prescription pain relievers get them from friends or relatives.
- Prescription and over-the-counter drugs are the most commonly misused substances by Americans age 14 and older, after marijuana and alcohol.
- When drugs are flushed down the toilet, filters may not remove all of the chemicals.

Listed below are items that are commonly accepted and not accepted at permanent medication boxes. If you are unsure, we suggest you call your local police department. Please remove personal information from bottles.

#### ACCEPTED:

- Prescription and over-the-counter medications
- Tablets
- Capsules
- Patches
- Nasal sprays

- Vitamins
- Pet medications
- Ointments
- Inhalers
- Liquid medications (check with your local department if accepted)
- Vaping devices. cartridges, pods and e-liquids (please remove batteries)

#### **NOT ACCEPTED:**

- Injectables
- Needles
- Illicit substances
- Thermometers
- Aerosol cans

Visit https://safeneedledisposal.org for suggestions

as to how to safely dispose of needles.

#### PERMANENT MEDICATION COLLECTION BOX LOCATIONS

Bensalem Twp. Police – 215-633-3700, Open 24 Hrs.

Bristol Twp. Police – 215-785-4052

Buckingham Twp. Police – 215-794-8812, Open 24 Hrs.

Bucks County Administration Bldg. - 215-348-6000

Bucks County Justice Center – 215-348-6000

Central Bucks Regional Police – 215-345-4143

Chalfont Borough Hall – 215-822-7295

Doylestown Twp. Police – 215-348-4201

Dublin Borough Police – 215-249-0272

Falls Twp. Police – 215-949-9100

Hilltown Twp. Police – 215-453-6000

Langhorne Borough Police – 215-757-5911

Lower Makefield Twp. Police – 215-493-4055 Open 24 Hrs.

Lower Southampton Twp. Police – 215-357-1235

Middletown Twp. Police – 215-750-3845

Milford Township Municipal Bldg. – 215-536-2090

Morrisville Borough Police – 215-295-8112

New Britain Borough Administration Bldg. – 215-345-4143

New Britain Twp. Police – 215-822-1910

New Hope Borough Police - 215-862-3033

Newtown Borough Police – 215-860-7835

Newtown Twp. Police – 215-579-1000 x398

Northampton Twp. Police – 215-322-6111, Open 24 Hrs.

Penndel Borough Police – 215-757-5152

Pennridge Regional Police – 215-257-5104

Perkasie Borough Police – 215-257-6876

Plumstead Twp. Bldg. - 215-766-8741

Quakertown Borough Police – 215-536-5002

Richland Twp. Police – 215-536-9500

Solebury Twp. Police – 215-297-8201

Springfield Twp. Police – 610-346-6700

Telford Borough Police – 215-723-6700

Tullytown Borough Police – 215-945-0999

Upper Makefield Twp. Police – 215-968-3020

Upper Southampton Twp. Police – 215-364-5000

Warminster Twp. Police – 215-443-5000, Open 24 Hrs.

Warrington Twp. Bldg. - 215-343-9350

Warwick Twp. Police – 215-343-6102 x411

#### **HOSPITALS**

- Doylestown Hospital ER Lobby Open 24 Hrs.
- Grandview Hospital Main Lobby 6am-8pm
- Jefferson Bucks Hospital Main Lobby 5am-8pm
- St. Luke's Quakertown Main Lobby 6am-8pm
- St. Luke's Upper Bucks Campus ER Open 24 Hrs.
- St. Mary Medical Center Main Lobby 6am-7pm



#### CALL AHEAD:

Please contact each site directly for collection hours. rules and regulations.



# Safe Medicine Storage for: Parents





Medicines and vitamins help families feel well and stay well, but children are curious; to keep them safe, parents and caregivers must practice safe medicine storage. Always put every medicine and vitamin away every time you use it, including those you use every day.

The following tips can help:

Store medicines in a safe location that is too high for young children to reach or see.

Never leave medicines or vitamins out on a kitchen counter or at a sick child's bedside, even if you have to give the medicine again in a few hours

Always relock the safety cap on a medicine bottle. If it has a locking cap that turns, twist it until you hear the "click" or until you can't twist anymore.

Tell children what medicine is and why you must be the one to give it to them.

Never tell children medicine is candy so they'll take it, even if your child doesn't like to take his or her medicine.

Remind babysitters, houseguests, and visitors to keep purses, bags, or coats that have medicines in them up and away and out of sight when they're in your home.

Keep the Poison Help number in all of your phones: (800) 222-1222. Or text "POISON" TO 797979 to automatically save it.

For more tools and information, visit **UpandAway.org**.

In partnership with the Centers for Disease Control and Prevention (CDC)



# Safe Medicine Storage for: Grandparents





You love your grandchildren and would do anything for them, but did you know these startling facts?

Approximately 60,000 young children – or roughly four school busloads of children per day – are brought to the emergency room each year because they got into medicines that were left within reach.<sup>1,2</sup>

Nearly 1 out of every 4 grandparents say they store prescription medicines in easy-access places, and 18 percent keep over-the-counter medicines in easily accessible spots.<sup>3</sup>

## Don't let your grandchildren become a statistic, take these precautions to help keep them safe:

Keep all medicines and vitamins up and away and out of sight in a high cabinet or other place your grandchildren can't reach or see.

Keep purses, bags, or coats that have medicines or vitamins in them out of their reach and sight.

Never leave medicines or vitamins out on a table, countertop, or bedside table where your grandchildren could reach them. Relock the safety cap and put them away every time you use them.

Set a daily reminder to take your medicines and vitamins on your refrigerator or a location you check on a daily basis, since they will be safely stored up and away and out of sight.

Keep the Poison Help number in all of your phones: (800) 222-1222. Or text "POISON" TO 797979 to automatically save it.

- Centers for Disease Control and Prevention (CDC). CDC Features Put Your Medicines Up and Away and Out of Sight. http://www.cdc.gov/features/medicationstorage. Accessed October 10, 2012.
- 2. Safe Kids Worldwide. Safe Storage, Safe Dosing, Safe Kids: A Report to the Nation on Safe Medication. March, 2012.
- 3. C.S. Mott Children's Hospital National Poll on Children's Health. Easy-access medicines a poisoning risk for kids at home. http://mottnpch.org/reports-surveys/easy-access-medicines-poisoning-risk-kids-home. Accessed November 27, 2012.

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